

Early Morning Update

The Sep19 natural gas contract is trading flat to yesterday's settle at \$2.21. The Sep19 crude oil contract is down \$0.21 at \$56.00.

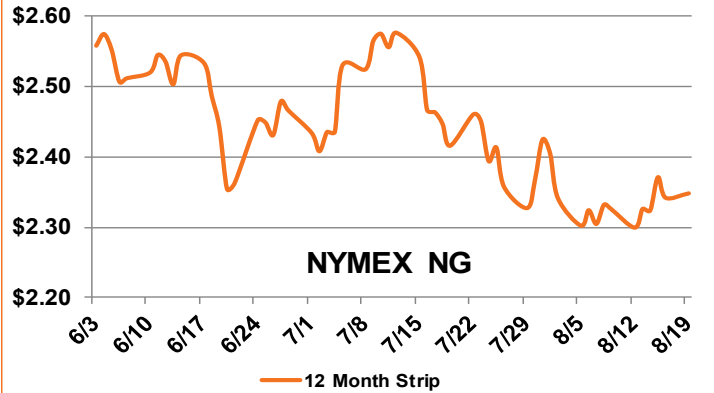
Summary: The NYMEX natural gas prompt month contract strengthened slightly during yesterday's trading activity. Rising one cent to \$2.21/MMBtu, this strength can mostly be attributed to a day-over-day jump in total U.S. demand of about 1.5 Bcf/d. The Q4 strip was flat from Friday, again closing at \$2.31. This is 11 cents higher from the all-time low that was established on August 5th at \$2.20. Calendar strips '20 through '23 rose a few pennies from Friday's close, as well, bumping each contract above their recently set all-time lows. Weather forecasts for the next few days show above-normal temperatures for the coasts, which could potentially lead to more bullish cooling demand.

Bullish Factors

- High LNG exports
- Record demand levels
- Hot weather

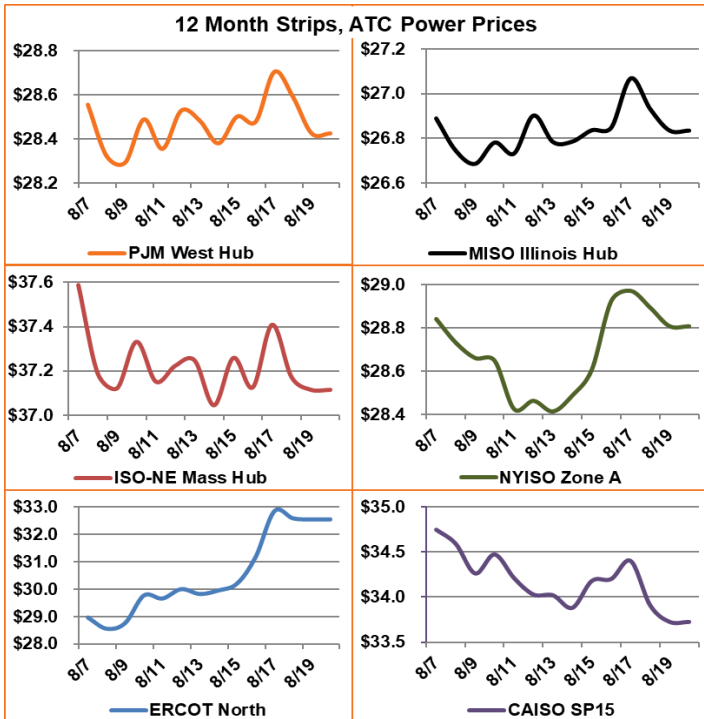
Bearish Factors

- Record NG production
- Higher associated gas production
- Above-average storage injections



Next Day On-Peak Power (traded for 8/20/2019)

ISO-NE Mass Hub \$37.42	MISO Indiana Hub \$31.11	NYISO Zone G \$37.35
PJM West Hub \$35.98	ERCOT North \$28.41	CAISO SP15 \$35.36
NYMEX NG	Close	Change
Sep-19	2.210	0.010
Oct-19	2.213	0.006
12 Month	2.347	0.006
Cal 20	2.390	0.010
Cal 21	2.432	0.008



EIA Natural Gas Storage

EIA Reported Storage (Bcf)	This Week	Last Week	Last Year	5-Year Avg.
Total	2,738	2,689	2,381	2,849
Diff v. Current		49	357	-111
% Diff			15.0%	-3.9%

