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**NYMEX Market Settles**

Natural Gas Settle Prices	8/1/22	7/29/22	Change
Sep-22	\$8.283	\$8.229	\$0.054
Oct-22	\$8.260	\$8.208	\$0.052
Nov-22	\$8.330	\$8.283	\$0.047
Dec-22	\$8.429	\$8.374	\$0.055
Jan-23	\$8.496	\$8.441	\$0.055
Feb-23	\$8.042	\$7.973	\$0.069
Mar-23	\$6.698	\$6.636	\$0.062
Apr-23	\$4.982	\$4.943	\$0.039
May-23	\$4.809	\$4.780	\$0.029
Jun-23	\$4.857	\$4.830	\$0.027
Jul-23	\$4.909	\$4.887	\$0.022
Aug-23	\$4.920	\$4.897	\$0.023
Sep-23	\$4.904	\$4.876	\$0.028
Oct-23	\$4.956	\$4.926	\$0.030
Nov-23	\$5.113	\$5.088	\$0.025
Dec-23	\$5.332	\$5.316	\$0.016
Jan-24	\$5.480	\$5.462	\$0.018
Feb-24	\$5.314	\$5.293	\$0.021
Mar-24	\$4.914	\$4.891	\$0.023
Apr-24	\$4.334	\$4.306	\$0.028
May-24	\$4.280	\$4.248	\$0.032
Jun-24	\$4.356	\$4.323	\$0.033
Jul-24	\$4.432	\$4.399	\$0.033
Aug-24	\$4.455	\$4.421	\$0.034
Sep-24	\$4.431	\$4.397	\$0.034
Oct-24	\$4.498	\$4.464	\$0.034
Nov-24	\$4.679	\$4.647	\$0.032
Dec-24	\$5.053	\$5.017	\$0.036
Jan-25	\$5.217	\$5.179	\$0.038
Feb-25	\$5.072	\$5.049	\$0.023
Mar-25	\$4.727	\$4.719	\$0.008
Apr-25	\$4.195	\$4.167	\$0.028
May-25	\$4.116	\$4.121	\$(0.005)
Jun-25	\$4.171	\$4.193	\$(0.022)
Jul-25	\$4.249	\$4.271	\$(0.022)
Aug-25	\$4.272	\$4.294	\$(0.022)
Sep-25	\$4.259	\$4.281	\$(0.022)
Oct-25	\$4.324	\$4.346	\$(0.022)
Nov-25	\$4.494	\$4.516	\$(0.022)
Dec-25	\$4.853	\$4.875	\$(0.022)
Jan-26	\$5.008	\$5.025	\$(0.017)
Feb-26	\$4.873	\$4.890	\$(0.017)
Mar-26	\$4.568	\$4.585	\$(0.017)
Apr-26	\$4.063	\$4.080	\$(0.017)
May-26	\$4.031	\$4.048	\$(0.017)
Jun-26	\$4.100	\$4.117	\$(0.017)
Jul-26	\$4.162	\$4.179	\$(0.017)
Aug-26	\$4.180	\$4.197	\$(0.017)
Sep-26	\$4.175	\$4.192	\$(0.017)
Oct-26	\$4.235	\$4.252	\$(0.017)

Data Source: New York Mercantile Exchange

Natural Gas Strips (\$/MMBtu)	8/1/22	7/29/22	Change
1-yr strip (Sep '22 - Aug '23)	\$6.751	\$6.707	\$0.045
Balance 2022	\$8.326	\$8.274	\$0.052
Q4 2022	\$8.340	\$8.288	\$0.051
Q1 2023	\$7.745	\$7.683	\$0.062
Q2 2023	\$4.883	\$4.851	\$0.032
Q3 2023	\$4.911	\$4.887	\$0.024
Q4 2023	\$5.134	\$5.110	\$0.024
Q1 2024	\$5.236	\$5.215	\$0.021
Q2 2024	\$4.323	\$4.292	\$0.031
Q3 2024	\$4.439	\$4.406	\$0.034
Q4 2024	\$4.743	\$4.709	\$0.034
Q1 2025	\$5.005	\$4.982	\$0.023
Q2 2025	\$4.161	\$4.160	\$0.000
Q3 2025	\$4.260	\$4.282	\$(0.022)
Q4 2025	\$4.557	\$4.579	\$(0.022)
Q1 2026	\$4.816	\$4.833	\$(0.017)
Q2 2026	\$4.065	\$4.082	\$(0.017)
12-month strip	\$6.751	\$6.707	\$0.045
24-month strip	\$5.787	\$5.751	\$0.036
36-month strip	\$5.377	\$5.349	\$0.028
48-month strip	\$5.135	\$5.118	\$0.017
60-month strip	\$4.976	\$4.967	\$0.010
Cal '23	\$5.668	\$5.633	\$0.035
Cal '24	\$4.686	\$4.656	\$0.030
Cal '25	\$4.496	\$4.501	\$(0.005)
Cal '26	\$4.382	\$4.399	\$(0.017)
Cal '27	\$4.322	\$4.339	\$(0.017)
Cal '28	\$4.421	\$4.438	\$(0.017)

Data Source: New York Mercantile Exchange

NYMEX Liquids	Prompt	Q4 '22	12-Month
Crude	\$93.89	\$91.34	\$88.16

Data Source: New York Mercantile Exchange

Prompt Month	NYMEX Sep 2022 Natural Gas	8/29/22
Contract Expiration	NYMEX Sep 2022 Crude Oil	8/22/22

NYMEX CONTRACT EXPIRATIONS	Natural Gas	Crude Oil
Jan 2022:	12/29/21	12/20/21
Feb 2022:	1/27/22	1/20/22
Mar 2022:	2/24/22	2/22/22
April 2022:	3/29/22	3/22/22
May 2022:	4/27/22	4/20/22
June 2022:	5/26/22	5/20/22
July 2022:	6/28/22	6/21/22
Aug 2022:	7/27/22	7/20/22
Sep 2022:	8/29/22	8/22/22
Oct 2022:	9/28/22	9/20/22
Nov 2022:	10/27/22	10/20/22
Dec 2022:	11/28/22	9/21/22

E.I.A. Storage Data - Next report: 8/4/22, 10:30 EDT, for week ending July 29, 2022			
Region	Week Ended 7/22/2022	Prior Week	Change
East	532	521	11
Midwest	625	608	17
Mountain	144	144	0
Pacific	253	253	0
South Central	862	874	-12
<b>TOTAL</b>	<b>2,416</b>	<b>2,401</b>	<b>15</b>
Prior Year	2,709	2,671	38
5-year avg	2,761	2,729	32
Current Year vs. Prior Year	-293	-270	-23
Current Year vs. 5-yr Avg.	-345	-328	-17

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